



MFMC Monitor



NEWSLETTER OF THE MATTHEWS FREE MEDICAL CLINIC

VOLUME 4, ISSUE 1

HOLIDAY EDITION 2010

MFMC WISHLIST:

- Monetary Donations
- Office Supplies
- Spanish Interpreters
- Physicians
- Dentists
- Physical Therapists
- Social Workers
- Wal-Mart & Food Lion Gift Cards

2010 Clinic

Total Patient Visits	2,422
Total Volunteer Hours	1,697
Dental Patients Served	101
Pharmacy Patients Served	127

From the Director's Desk...

Season's Greetings from the Matthews Free Medical Clinic! At this time of year we have so many things to be thankful for. Our Second Annual Hearts & Hands Benefit, was a huge success! Details and pictures of the event are shared inside this newsletter. With one major fundraiser finished, we are now working tediously to plan our upcoming 6th Annual Golf Tournament, scheduled for Monday, **May 2, 2011** at Raintree Country Club. Part of the monies raised will be used to start a building fund to help with clinic expansion, as demand for our services has soared to an all-time high.

Over the past year we have experienced a 50% increase in patient volume as more and more people lose their jobs and consequently, their access to affordable healthcare. We are so very fortunate to have a legion of dedicated donors and volunteers to help us continue to care for the uninsured and low-income in

our community.

We are pleased to announce the addition of several providers, Dr. Joy Ross, Mary Martin, NP, George Collins, PA, and Denise Howard, NP. In July MFMC started a new psychiatry clinic with the addition of volunteers Dr. Ross and Nurse Practitioner Martin. The addition of the psych clinics has been invaluable to our patients, and to date we have provided care for over 50 patients. George Collins, a Physician's Assistant with OrthoCarolina sees patients once a month. Nurse Practitioner Howard sees patients every Friday and her position is funded from a collaborative State grant awarded to MFMC and 3 other local organizations. Also helping at the Clinic is UNCC Master of Health Administration student Ryan Neaves who has taken on the role of Eligibility Coordinator at the Clinic.

We would also like to extend a big Thank You to Mr. Tal Slaydon who has spent many hours this

fall changing light bulbs, installing porch railings, cutting trees and much more. His continuous upkeep of the clinic has allowed us to concentrate on patient care. We are so grateful for ALL of the vol-



unteers helping to make our Clinic a great place for those less fortunate to receive healthcare.

Wishing you a great holiday season!

Sincerely,

Amber Tracewell
Executive Director

MFMC participates in C.A.R.E. Clinic

On December 7th the staff at MFMC participated in the Communities Are Responding Everyday Clinic (C.A.R.E. Clinic) sponsored by the National Association of Free Clinics and the North Carolina Association of Free Clinics. The one-day Mega Clinic held at the Charlotte Convention

Center, was staffed by volunteers who provided care to the area's uninsured. Similar mega clinics have been held around the country in numerous cities including Houston, New Orleans, Little Rock, Kansas City, Hartford, Atlanta, and Washington D.C., which have

collectively served over 10,000 uninsured people.

We are so proud of the staff and volunteer providers at MFMC who not only take care of the uninsured patients of MFMC but extended their help to this one day mega clinic.

**THANK YOU TO OUR
AUCTION DONORS!**

Andie McDowell
 Andy Roddick
 Blumethall Arts Center
 Brooklyn Decker
 Carillion Labs
 Charles Stegall
 Comfort & Joy Salon
 Consignment First
 Dunhill Hotel
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 Dr. Byran Mazingo
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 Palisades Country Club
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 PRP Wine International
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 Ruth's Chris Steakhouse
 Salon on Elm
 Samuel Spil & Company
 Seize the Photo
 St. John Photography
 John Travolta



2nd Annual Hearts & Hands Benefit: Huge Success!

MFMC hosted its second annual Hearts & Hands Together Dinner Auction on Friday evening, November 5th. The event was a huge success, raising over \$30,000 for the Clinic! The event drew more than 100 people together at Maggiano's Little Italy in South Park.

The spirit of giving was evident throughout the evening as the audience bid on several silent and live auction items after enjoying a wonderful dinner.

Master of Ceremonies for the second year in a row was Larry Sprinkle of News Channel 36.

Larry once again brought the audience to tears of laughter as he joked throughout the auction process. In addition to Larry, Terri Bennett of www.doyourpart.com handled the evening's fundraising activities by asking the guests to help fund specific needs for the clinic, such as, providing care and medications for our diabetic patients, providing testing and medications for our women's clinic, and sponsoring the dental days.

Miss Stephanie, a patient of the Clinic shared with the audience her story of how she came to the clinic and what MFMC has done for her. Her courage to share

her story with a room full of strangers really helped the audience to connect with the cause and see first-hand how attending this event and giving can directly affect people's lives.

We would like to extend a special thank you to all of those who made this such a successful event: our many corporate and patron sponsors (listed below), the Planning Committee, and those who volunteered at the event. This truly was an amazing evening dedicated to helping a great cause!

Thank You Hearts & Hands Sponsors!



**Drs. Stephen &
Lou Ann McAdams**



Patron Sponsors:

Laurie Bowers
Steve & Sandy Errico
James & Colleen Everett
Bob & Ruthann McGee
Dr. Joy Ross
Francis & Marie Shea



Hearts & Hands Benefit Pictures



Above: Master of Ceremonies, Larry Sprinkle engaging Dr. JD Kisella during the Live Auction.



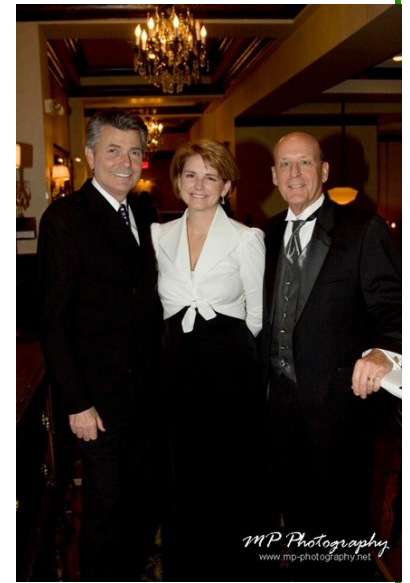
Above: MFMC staff Dr. Lou Ann McAdams, Nurse Manager Jamie Harrison, Executive Director Amber Tracewell, Medical Assistant Amy Nardelli & Assistant Christy Story



Above: Guests Allen & Amy Hendricks pose for a picture with guests Andrea & Mark Ludwick



Above: MFMC patient Miss Stephanie gives an account of her experience at the Clinic. Right: Larry Sprinkle, Terri Bennett & Board Chair Jerry McGuire



Far Left: Guests Jim & Jennifer Tobalski

Left: Guests Dr. Matt Carpentar and wife Dr. Deborah Black

Check out our new website!

Thank You to Parker Web Design for designing and hosting our new website www.matthewsfmc.org. Go there to stay connected with the needs and activities at MFMC!

Caring Beyond Our Walls

We would like to extend a special Thank You to all of the employees of Presbyterian Healthcare who gave to MFMC through the Caring Beyond Our Walls Campaign.

Baskets of Love

We are also very thankful for the Matthews DreamWeavers, a local basket weaving guild, for donating "Baskets of Love" to our needy patients. This is the second year the basket weaving guild has donated hand-made baskets filled with food, blankets, hygienic supplies, and coloring books & toys for our patients with children. What a nice gift for our patients during the Holidays!

Honor your loved on this Holiday!

Giving a donation in honor or memory of others is a wonderful way to celebrate those you love while providing healthcare assistance to the sick in our community. A monetary contribution to the Matthews Free Medical Clinic really makes a difference in the lives of our patients.

A \$50 donation would purchase a blood pressure cuff for ONE diabetic patient. Self monitoring of blood pressure provides the physician with much needed information when determining effective treatments.

A \$100 donation would vaccinate TWO patients with influenza, Tetanus, and Pneumonia.

A \$200 donation would provide diabetic care for FOUR patients including the purchase of a monitor, test strips, lancets, educational materials, and a one-month supply of medication.

A \$250 donation allows us to take care of TWO patients in our Women's Clinic by providing a pap smear test, additional laboratory tests, educational materials, and a one-month supply of medication.

A \$500 donation allows us to bring the Mobile Dental Unit of the Ada Jenkins center located in Davidson, NC to our clinic. With each dental day we are able to serve 30 patients.

A \$1,000 donation would fund ONE DAY of clinic operations.

Please consider MFMC when planning your year-end charitable contributions. Each donation to the clinic goes directly toward patient care. For other ways to donate, please contact clinic staff at (704) 841-8882.

Community Partnership Updates:



Food Drive

Pictured above is Presbyterian Hospital Matthews employee and President, Roland Bibeau delivering Food Boxes to the Matthews Free Medical Clinic. This monthly food drive is an initiative of the Presbyterian Hospital Matthews Community Health Alliance. In January 2010 the Alliance began a monthly food drive which provides an average of 15 boxes of non-perishable foods to the Clinic to be distributed to needy patients. The approximate value of every box of food is \$65—\$75 dollars, and each are filled with nutritional needs in mind.

Dental Bus

MFMC partners with the Mobile Dental Clinic of the Ada Jenkins Center, located in Davidson, NC, to bring dental services to our patients. The mobile dental unit is equipped with state of the art technology that allows volunteer practitioners to operate just as they would in their own practice.

With each dental clinic, MFMC is able to provide free services for approximately 30 patients including X-rays, Hygiene Cleanings, Restorative Services, and Extractions.

It takes a team of 4 dentists, 4 assistants, & 4 hygienists to staff the dental day. Dental days are held on Fridays, as most dental practices are closed. The day is divided into 2 shifts, morning is 9am—noon, and afternoon is 1pm—4pm.

The 2011 Dental Days have been scheduled and we are seeking volunteers!!

February 25, 2011

May 20, 2011

August 26, 2011

October 21, 2011



Mammography Bus

Presbyterian Hospital Cancer Center brings Mammography Bus to Matthews Free Medical Clinic for a day of free Mammography screenings for our patients. On December 1st 32 patients were screened at the Clinic. Thanks so much to Presbyterian Cancer Center for extending such a great service to the patients of MFMC!

Mark Your Calendars!! 6th Annual MFMC Golf Tournament: May 2, 2011



Golfers heading out to the course during the 2010 tournament.

Other Sponsorship Opportunities:

Driving Range Sponsor—\$1,000

Putting Green Sponsor—\$1,000

Hole-in-One Sponsor—\$1,000

\$10,000 Shoot-Out—\$1,000

* Above Sponsorships all include: entry of 1 player of your choice, and corporate recognition in communications for 2011 tournament

Leader Board Sponsor—\$500

Longest Drive Sponsor—\$500

Closest to Pin Sponsor—\$500

Beverage Cart Sponsor—\$500

• Above Sponsorships all will receive corporate recognition in communications for 2011 tournament

Hole Sponsors—\$200

*Sponsors will receive tee or green signage

For more details on sponsorships, please contact Amber Tracewell at atracewell@matthewsfmc.org
Or (704)841-8882 ext. 2

Available Sponsorship Opportunities:

Title Sponsor—\$10,000

- Entry of 2 foursomes of your choice
- Display of corporate banner the day of tournament
- Corporate logo as primary on player gift apparel
- Corporate name & logo on event signage
- Corporate recognition in communications for 2011 tournament

Platinum Sponsor—\$5,000

- Entry of 2 foursomes of your choice
- Display of corporate banner the day of tournament
- Corporate name & logo on event signage
- Corporate recognition in communications for 2011 tournament

Diamond Sponsor—\$2,500

- Entry of 1 foursome of your choice
- Corporate name & logo on event signage
- Corporate recognition in communications for 2011 tournament

Gold Sponsor—\$1,500

- Entry of 2 players of your choice
- Corporate name & logo on event signage
- Corporate recognition in communications for 2011 tournament

Registration Sponsor—\$1,000

- Entry of 1 player of your choice
- Prominent sign at registration area with excellent visibility and recognition as well as corporate name & logo on event signage

Plans to expand at MFMC!

DID YOU KNOW?

- *1 in 4 Mecklenburg County residents is uninsured.*
- *62% of all filed bankruptcies are linked to medical reasons.*

The pictures on the right, courtesy of Choate Construction, depict what the newly expanded facility will look like once complete. We will be adding on to the right side and the back of our current facility.

It's a very exciting time at MFMC as initial plans are underway to expand the Clinic. With the downturn of the economy over the last couple of years and the spike in numbers of those needing our services, we have reached our space capacity at 113 N. Ames Street.

We are currently operating out of a 2 bedroom renovated house that was given to the Clinic by a local Matthews philanthropist. The Clinic has a small lab room, patient waiting room, front desk, 3 office stations, a pharmacy room, 1 bathroom, and 2 exam rooms. With a staff of 6, multiple volunteers, and over 2,400 patients, an expansion is a MUST.

On an average day at MFMC we might have 30—40 patients walk through our door. We are using every square inch of our 1,500 square foot facility. Because space is so limited we will sometimes have to improvise and counsel patients in our pharmacy rooms, or take blood pressures and ask routine questions in our waiting room, we've done breathing treatments in the lab room, and the doctor has even been known to conduct an appointment in the kitchen!

The Board of Directors opted to renovate the existing building rather than move to a new location. Our current building is in a great location as it is situated in close proximity to

two local non-profits. The Matthews Help Center is next door, which has a thrift store, a food pantry, and offers crisis assistance for those in need. Across the street is Christ Our Shepherd Ministries which provides childcare and other services to single low-income mothers.

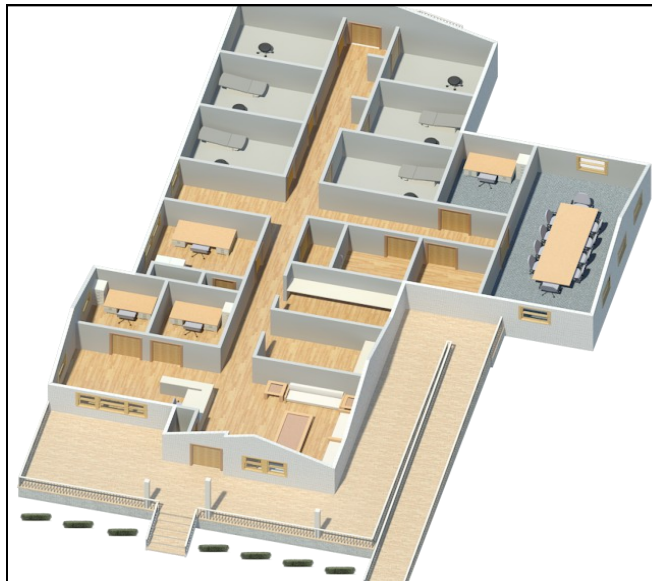
Even though we have decided to stay put, the expansion process will still take some time. We are currently reviewing options for parking and will then have to go before the Town of Matthews for property re-zoning.

The Building Committee has enlisted the help of Choate Construction, which is partnering with us on this community project to create an expanded facility that will add 4 additional exam rooms, a second bathroom, expanded drug and lab rooms, more office space, a nursing/doctor's station, and a conference/education room.

Not only will we be able to operate more efficiently in the expanded space, we will also be able to add volunteers and accept more patients.

We will be approaching several grant agencies to acquire funding, and plans are underway for a major capital campaign.

For more information on how you can be a part of this great community project, please contact Amber Tracewell at (704) 841-8882 or check our website for updates.



A Special Thank You To...

Elizabeth Abernathy, MD & Jon Hansen

Mary Abernathy

Greg & June Alston

Amy Adkins

Darragh Bailey, DDS

Dr. Deborah Black

Josh Blackson

Elizabeth Boles

Caroline Hunt Campbell

Tiesha Caple

Stephanie Carlson

Diana Congdon

George Collins, PA

Mary T. Crowder, MD & Reed Paden

Beckman Coulter

BCBS Foundation

Roland Bibeau

Stephanie Bogust

Mark Burdette

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Sadhanna Char, MD

Charlotte Woman's Club

Carillion Labs

Sharon Davis

Luanne Day

Ernesto De La Torre, MD

Liz Dickens

Robert Dixon, DDS & Brenda Dixon

Melanie Dove

DreamWeavers of Matthews

Ashley Drvar

James & Colleen Everett

Susan Ernst

Sandy Errico

Jeff Faw—Matthews Subway

Denise Finck-Rothman, MD

Shepherd Foley

Paul Gallentine, MD—Horizon Eye Care

Becky Goodman

Jacky Greene, PA

Jimmy Greene

Michelle Greene

Timothy Griffin

Deborah Gwyn

Jack & Lynn Hankins

Ellen & Brad Harrell

Harris Teeter

Jamie Harrison

Carmen Hathcock

Allen, Amy & Sarah Miller Hendricks

Lorna Jacobs

Dorothy Jenkins

Hayden Jones, DDS

Amanda Keller

Karen Kennard

JD Kisella, DDS, MD

Edward Knish, MD & Paula Knish

Linda Krajewski

Lab Corp

Sandra Larsen

Michelle Laube

Zipporah Lawrence

Steven Lester

Janet Little

Steven Lindenman—Lindenman Photography

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Rachel Lorch

Mark & Andrea Ludwick

Jim Luke—Luke Lawn Care Services

Maggiano's Little Italy—South Park

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Mecklenburg Radiology Associates

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Amy Nardelli

Ryan Neaves

Mark & Michelle Nebrig

NC Association of Free Clinics

Khadija Ndiaye

Jamie Neely—RP Signs

Brian & Jacky Olin

Judy Page

Darryl Parker—Parker Web Design

Cindy Pembleton

Heather Poplin—Carillion Labs

Michael Porowski—MP Photography

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Sarah Smith

St. Matthew's Catholic Church

Marc Swann—Stanley Apothecary

William Tegard

Beverly Turpin

Jim Tobalski

John & Terry Urban

Tracey Phillips

Randall Satterfield—RPS Benefits

Troy Schifano

Jaci Slone

Larry Sprinkle

Caroline Story

Christy Story

Traci Stowers

Jim & Marcia Riggins

Dr. Michael Rhyne

Missy Thomas

John & Terry Urban

Mike Urquhart

Leo Vicker, DDS

Windstream

Wingate University School of Pharmacy

Antonio Tillery

MFMC WOMEN'S CLINIC: VOLUNTEER SPOTLIGHT

MFMC operates with a very small paid staff and therefore our core group of volunteers is vital. We are so fortunate to have a group of dedicated medical professionals, interpreters and administrative support to keep our clinic going. Particularly vital to our operations is our women's clinic.

Thanks to the enlistment of volunteer Dr. Mary T. Crowder and a generous grant from the Mecklenburg Medical Alliance and Endowment, MFMC was able to start a women's clinic in the beginning of 2006.

Dr. Crowder who left private practice in 2005 heard about the opportunity from MFMC Medical Director, Dr. Lou Ann McAdams. Dr. Crowder enlisted the help of Nurse, Shepherd

Foley whom she worked with in private practice. From there the two began seeing patients half a day, twice monthly.

Not only does Dr. Crowder volunteer twice monthly at MFMC, she also volunteers once a month at Charlotte Community Health Clinic. When asked about why she volunteers she stated that "Medicine is a calling for me. It truly is a gift." We are so fortunate to have Dr. Crowder and Shep on our team!

The women's clinic is our most expensive clinic because of the rising costs of pap smear testing and biopsies. We are always seeking funding opportunities to help with the costs of keeping this clinic going.



Dr. Crowder reviewing medical charts.



Matthews Free Medical Clinic

113 N. Ames Street

Matthews, NC 28105